

SUPPORT FOR TEENS

Brought to you by your
Santa Clarita Public Library Teen Librarians
and the **City of Santa Clarita** Get more info: teenscv.com

ACTION Family Counseling

Canyon High (19300 Nadal St. Building A) • 800-367-8336
FREE parent/teen support group every Tuesday 7 p.m. - 9 p.m.
ActionFamily.org

A Light of Hope Support Center

23780 Newhall Ave. Suite # 201 • 661-513-4325
Low cost support for substance abuse and self-destructive behaviors. Ages 14-26
ALightOfHopeSCV.org

Child & Family Center

21545 Centre Point Parkway • 661-259-9439
Various mental health services for youth. Fees on sliding scale. Spanish spoken
ChildFamilyCenter.org

Domestic Violence Center

24-hour hotline: 661-254-8185
FREE services incl. emergency shelter and crisis intervention. Spanish spoken
DVC-SCV.org

Goodman Therapy

27955 Smyth Dr. #101 • 661-932-8200
Counseling and family therapy for adults, teens and children. Sliding scale.
GoodmanTherapy.com

The Grief Recovery Program

23841 Newhall Ranch Rd • 661-733-0692
Personal counseling and groups for those dealing with significant emotional loss. Ages 14 to 21. Sliding scale.
TheGriefProgram.com

Parents & Friends of Lesbians and Gays (PFLAG)

St. Stephens Episcopal Church • 24901 Orchard Village Rd. • 661-254-2177
FREE support group for LGBTQ+ youth and parents on the 4th Wednesday each month at 7 p.m. (except Nov. and Dec.) Spanish spoken.
Community.PFLAG.org

SCV Pregnancy Center

23838 Valencia Blvd. Suite #270 • 661-255-0082
FREE services incl. pregnancy tests, parenting classes and support groups. Spanish spoken.
SCVPC.org

Strength United

24-hour crisis hotline: 661-253-0258
Crisis intervention and counseling for those affected by sexual assault and violence.
csun.edu/eisner-education/strength-united

Valley Prevention and Treatment Center

27225 Camp Plenty Road, 2nd Floor, Suite 7D • 661-251-1023
Counseling and support groups for those affected by abuse and neglect.
Ages three and older. Spanish Spoken.

Questions?

Check out these numbers on the non-fiction shelves at your local library.

Abusive Relationships: 362.8292-362.88

Alcohol: 362.292

Body Image and Anorexia: 306.4613, 616.852 & 616.9792

Body Changes and Puberty: 612.661

Date Rape: 362.883

Depression: 616.852, 616.8527 & 616.85844

Drugs: 362.292 & 362.2918

LGBTQ: 306.766 & 613.951

Pregnancy Options: 306.7, 306.856, 306.8743 & 613.7043

Relationships: 305.235, 306.70835 & 646.77

Sex and STI's: 613.951 & 616.951

Suicide: 362.2, 362.28, 362.283



Looking for more information?

See the reverse side for help finding online and mobile support.



City of
SANTA CLARITA

FREE ONLINE + MOBILE SUPPORT

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California Youth Crisis Line

1-800-843-5200 • 24-hour phone support for youth (12-24 years old) and families in crisis. Available in different languages.

CalYouth.org

Crisis Text Line

Text "START" to 741741

24-hour all-ages text support with trained crisis counselors.

CrisisTextline.org

Love is Respect

866-331-9474 or text "loveis" to 22522 • 24-hour helpline. Peer support for those dealing with dating violence.

LovelsRespect.org

National Runaway Safeline

1-800-RUNAWAY • 24-hour phone and online support for runaway and homeless youth.

1800runaway.org

RAINN (Rape, Abuse & Incest National Network)

1-800-656-HOPE • 24-hour phone and online support for survivors of sexual violence. Additional info on campus safety and warning signs.

rainn.org

Suicide Prevention Lifeline

1-800-273-8255 • 24-hour phone and chat support from trained crisis counselors.

SuicidePreventionLifeline.org

Teen Line

310-855-4673 (6 pm - 10 pm) or text "TEEN" to 839863 (5:30 p.m. - 9:30 p.m.)

Teen-to-teen support and resources.

TeenlineOnline.org

Trevor Project

866-488-7386 • 24/7 crisis hotline. Chat, text, and tools for LGBTQ youth.

TheTrevorProject.org



QUESTIONS?

Get answers about mental health, relationships, and more from websites you can trust.

Above the Influence

Answers to tough questions on drug abuse, addiction, and related topics.

AboveTheInfluence.com

Go Ask Alice

Answers to tricky health questions hosted by Columbia University.

GoAskAlice.columbia.edu

Mind Your Mind

Facts and real stories for young adults (14-24 years old) looking for support around tough times.

MindYourMind.ca

Proud 2 Be Me

Online community for teens dealing with eating disorders and body image issues.

Proud2BMe.org

StopBullying.gov

Support for teens and families dealing with bullying. Additional info on supporting at-risk groups, including LGBTQ youth and youth with disabilities.

StopBullying.gov

TeensHealth

Expert-approved information on mental and physical health issues. Available in Spanish.

KidsHealth.org/Teens

Teensource.org

Sexual health info for youth to encourage informed decision making and find local clinics.

TeenSource.org

Looking for more information?

See the reverse side for help finding local resources and non-fiction books on the same topics.



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